



Update from the Consortium of Lancashire & Cumbria LMCs

Tuesday 1st November

Help us grow our audience - LMC Distribution list

We would like to grow our LMC audience. If you know any GPs or PMs in your practice that don't receive this Brieflet and/or is not on our distribution list, please ask them to [get in touch with us!](#)

Rebuild General Practice Roadshow - GP expressions of interest

We are really excited to announce that our LMC has been chosen to host a Rebuild General Practice Roadshow! The aim of the roadshows are to identify promising GP advocates, support local GPs to take a more direct role in advocating for the future of the profession and to help foster a sense of unity within the profession.

Our LMC will work with the Rebuild General Practice team to host the roadshow, inviting GPs from across the Northwest who have an existing influence or an inclination to become public activists on behalf of the profession. There is no further commitment required other than to attend the meeting and keep an open mind regarding advocating for the profession in the future.

We are looking to select 10 GPs from across Lancashire & Cumbria to attend the roadshow which will take place on the 9th November, at the Marriott Hotel in Preston, 1-4pm. Lunch and refreshments will be provided.

If you would like to be considered as one of our delegates or if you want to know more [please get in touch.](#)

You can also visit the [Rebuild General Practice website](#) for information on the work they have done so far.

LMC Practice Manager Meeting

Following the success and feedback of the first five Practice Manager meetings, we have decided to organise a final one to ensure those who missed out get the chance to attend.

As a recap, this is an opportunity for you to meet with both your new Chief Executive, Adam Janjua and Chief Operating Officer, Faye Tomlinson. We are keen to meet with you to discuss issues relating to General Practice pressures and to talk to you about some new initiatives that we would like your help with including:

- General Practice Alert System (GPAS)
- Cost Improvement Plans
- Practice financial viability indicator

The mop up session will be taking place on 2nd November 2pm – 3pm via Teams and the link to join will be sent out shortly.

Places are limited as we would like to have a manageable meeting with valuable interactions, therefore, please can you [confirm your attendance.](#)





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PCSE Seniority Payments Reconciliation Exercise 2023

Some practices may recently have received letters from PCSE regarding the Seniority Payments Reconciliation Exercise 2023.

[Seniority Payments](#) used to be made to GP partners and were based on length of NHS service and received profit. The seniority scheme closed to new members on 1 April 2014, and was then phased out, with the last payments made by 31 March 2020. Seniority funding was then diverted to Global Sum, as part of the 2013/14 Contract Agreement.

The actual entitlement to seniority pay depended on the Final Seniority Factor [FSF] and as there was a time-lag in calculating this, the FSF for financial years 2017/18, 2018/19, and 2019/20 have only just been published. NHS England and PCSE are now reviewing the adjustments made for those years and will be contacting practices once this has occurred.

Current partners should advise their accountants of the information that has been received from PCSE, as the amounts can be challenged via the on-line form link within the letter received from PCSE. In a limited number of cases, there will be a need to liaise with retired colleagues, and the matter may not always be covered by written arrangements.

The BMA GPC recommends that practices first ask their accountants for advice in terms of PCSE figures, raising a query if appropriate, which may not be a value-for-money exercise if the variance is small.

Please [see BMA letter to practices](#).

BMA GPC and RCN joint Statement on GP practice staff pay uplift 2023/24

The BMA GPC and the Royal College of Nursing (RCN) have issued a [joint statement](#) to alert members to the details of the recently announced 6% pay increase for salaried general practice staff. The way the expenses uplift is applied leads to some inequity amongst GP practices. This means some practices will not receive enough additional funding to cover an entire 6% uplift for all salaried staff members.

Securing recurrent pay uplifts for all practice staff is vital for the future success of General Practice. Key to successfully negotiating with the Government in forthcoming contract negotiations 2024/25 and 2025/2026 is making the case that staff should be fairly paid and benefit from rewarding working conditions. The BMA GPC and RCN are committed to working closely together to ensure appropriate and fair funding for Nurses in General Practice as an integral part of the General Practice Team.

Read the statement [here](#)

Sessional GP Survey

We have created a survey with Dr Suzanne Gaskell, Chair of the Lancashire & Cumbria Sessional GP Forum, to gather ideas and to improve our future meetings.

If you are a Sessional GP in Lancashire & Cumbria, we would appreciate if you could please complete the [following survey which should take no longer than 10 minutes](#).





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Wellbeing resources

Practices are encouraged to focus on their own team's wellbeing and take time to reflect on what can be done to protect it (this will also meet the requirements of QOF [quality improvement project on staff wellbeing](#)).

The BMA have produced a [document](#) which includes some tools for improving workload and safe working.

A range of wellbeing and support services are also available to doctors, from the [LMCs Support & Development Service](#), [NHS practitioner health service](#), [Samaritans](#) and [Doctors in Distress](#). See also BMA [poster with 10 tips to help maintain and support wellbeing](#).

LMC Soapboxes

The LMC hosts monthly 1 hour drop-in sessions via Microsoft Teams for all Practice Managers and GPs across Lancashire & Cumbria.

The LMC soapbox is an opportunity for you to raise anything with your LMC, meet your representatives, hear about the services we can provide but most importantly, we would like to hear from you and how we can support you!

You are welcome to dip in and out - There is no requirement to stay the full hour and you are welcome to just listen.

You will receive posters via email with details of how to join the Soapbox for your area. Upcoming Soapbox's:

- Morecambe Bay: 2nd November
- Fylde Coast: 3rd November
- Cumbria: 21st November
- Central Lancs: TBC
- Pennine: TBC

Please [let us know](#) if you have any questions!

Children & Young People ADHD –Shared Care

To improve patient care and enable the ADHD Service to see more new patients and reduce waiting times, the ICB are undertaking a review of the ADHD pathway for Children & Young People.

Your assistance to help gather information regarding participation in Shared Care is key to this piece of work and the ICB would be very grateful if you could take some time to complete the following survey – <https://www.smartsurvey.co.uk/s/ADHDSharedCaresurvey/>





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Lancashire Sexual Health - FSRH Essential courses

Lancashire Sexual Health is organising FSRH Essentials courses on behalf of the FSRH.

The SRH Essentials Course is aimed specifically at healthcare practitioners working in primary care settings. It provides an interactive day with scenario based learning, presentations, time for discussion, questions and role play. It is relevant for those needing an introduction to SRH and also provides a useful update for more experienced staff. These courses are delivered in a variety of locations across the UK. SRH Essentials is not a competency based course and it is not assessed.

At the end of the course, you will be able to:

- Develop the skills and confidence to consult with patients about their sexual and reproductive health care needs
- Recommend an appropriate method of emergency contraception
- Review the COC, POP and injection contraceptive methods
- Carry out sexual health risk assessments
- Identify when patients are at risk of STIs

This course is suitable for GPs, Nurses, Physicians Associates, Paramedics, Pharmacists, and Other Healthcare Professionals working in Primary Care.

Please see the following hyperlink to find out more information about the course and what it covers:
<https://www.fsrh.org/education-and-training/srh-essentials/#how-to-book>

The next courses will be taking place on:

- 8th February 24 - The Holiday Inn, Lancaster.
- 22nd February 24 – The Manor Hotel Nr Wigan
- 6th March 24 – The Holiday Inn, Burnley.

The course is free to staff working within Blackpool and Lancashire (excluding Blackburn with Darwen). To book a place please email bfwh.sexualhealth.training@nhs.net with your name, email address and the practice you're based at.

Pharmacogenetics in Primary Care - Understanding GP Preferences

A [pharmacogenetic testing service](#) is currently being piloted in primary care in England, aimed at improving the safety and effectiveness of medicines through genetics. The opinion of GPs in the development of this service is essential, and [a short 10-minute survey](#) has been developed to understand this. The programme is supported by NHS England and respondents can be compensated for their time, with £2000 worth of vouchers to be claimed.

Please complete the Survey:

https://ssiweb.humanities.manchester.ac.uk/PGx_Survey_Clinical_Live/cgi-bin/ciwweb.pl?studyname=PGx_Survey_Clinical_Live&HCPID=10

