

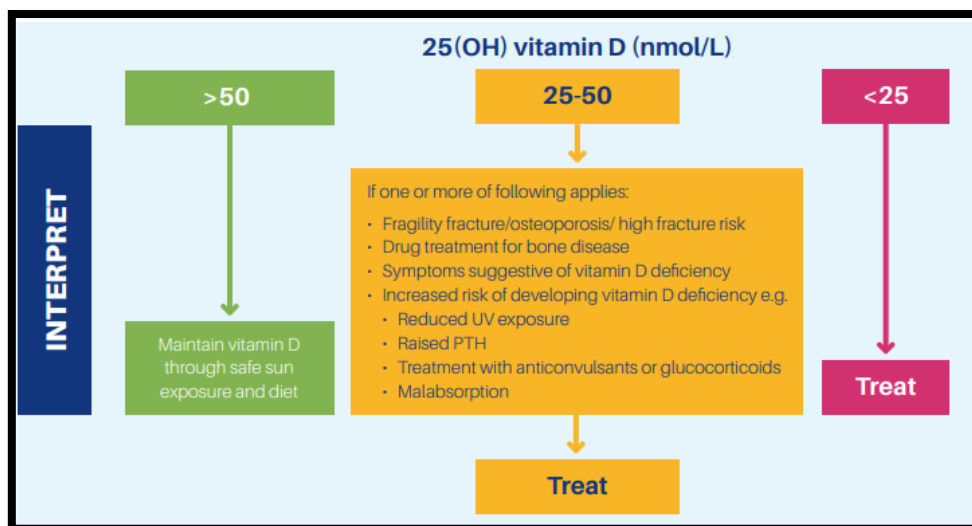
### Vitamin D Prescribing Guidance & LSCMMG Position Statement

LSCMMG have [prescribing resources](#) and an April 2023 [position statement](#) for the prescribing of vitamin D (colecalfiferol) in our area. This is a summary table of their recommendations:

LSCMMG Recommendations	RAG rating
<b>Short course</b> treatment for correction of deficiency or insufficiency (following assay results)	<b>GREEN</b>
For prophylaxis or <b>maintenance</b> following treatment of deficiency and insufficiency	'Do Not Prescribe'
Adults (including women who are pregnant or breastfeeding), young people and children over 4 years should consider taking a daily supplement between <b>October and early March.</b>	'Do Not Prescribe'
Adults, young people, and children over 4 years should consider taking a daily supplement throughout the year if they have <b>little or no sunshine exposure</b> or if they have dark skin	'Do Not Prescribe'
Do not offer a vitamin D supplement to people to treat or prevent <b>COVID-19</b>	'Do Not Prescribe'

Prescriptions should only be issued in Lancashire and South Cumbria for the management of deficiency or insufficiency as defined in the statements above. **Patients must be directed to purchase OTC for all other indications.**

LSCMMG direct prescribers to the National Osteoporosis Vitamin D [guidelines](#) for **adults** with recommendations of how to treat deficiency and insufficiency.



Guidance is also given on use of a rapid correction (**GREEN**) or elective maintenance correction (**Do Not Prescribe**).

Please refer to the full National Osteoporosis Vitamin D [guidance](#) for more information and also the separate [guidelines](#) for treating children and young adults. There is also a NICE CKS Summary for a [adults](#) & [children](#).

#### **Cost of Vitamin D/Colecalciferol products**

Please note that the cost of Colecalciferol products can vary vastly across the board. Some products are licensed and some are unlicensed. Some Colecalciferol liquid Specials preparations appear in PART VIII B and some solid dosage form Specials appear in PART VIII D of the drug tariff, and their price is controlled by the NHS.

Most Colecalciferol products appear in PART VIII A of the drug tariff and these are fixed prices each month.

Please consult the [current Drug Tariff](#) regularly as prices can change each month.

**To contact the Medicines Optimisation Team please phone 01772 214302**

**If you have any suggestions for future topics to cover in our prescribing tips please contact [Nicola.schaffel@nhs.net](mailto:Nicola.schaffel@nhs.net)**

All content accurate and correct on the date of issue of this tip.