**Fit to fly during pregnancy – advice and template letter**

**Advice:** Please see the following [advice leaflet](https://www.rcog.org.uk/globalassets/documents/patients/patient-information-leaflets/pregnancy/air-travel-pregnancy.pdf) from the RCOG concerning fitness to fly during pregnancy (dated 2015).

There is no statutory requirement for GPs to complete the airline form for patients, although it is up to GPs to decide if they are willing to accept the clinical risk associated with this form.  If GP's do choose to complete the form, they are entitled to charge a fee for this.

Whilst the attached guidance from the RCOG seems supportive of GPs signing the form, it would be important for the GP to have had sight of the patient’s antenatal care to date, and if this is not available, the midwife or O&G team would be better placed to complete the form.

**Patients should also check the airlines policy directly.**

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**Template letter:**

Dear Name

**Flying during your pregnancy**

Your expected date of delivery is ........................................................

You are currently .............................. weeks pregnant.

You have informed me that you will fly on ..................................... and return on ...............................................

I am content that you are fit to fly and will return to the UK before week xxxx based on the flight dates you have provided.

Yours sincerely

GP name

* With thanks to Cambs LMC