

## The GP Update Study Day Live Courses for Lancashire and South Cumbria Training Hub

Join us for three highly engaging and interactive online courses, from the comfort of your home (or practice)! We'll cover the latest changes in evidence and guidelines relevant to Primary Care.

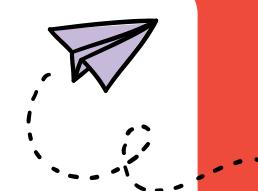
Our presenter will host the course live from our TV Studio, run interactive polls and Q&A sessions and offer practical tools to help you change your practice straightaway.

### COURSE DATES

**Saturday 17 January 2026 10am-4pm**

**Saturday 7 February 2026 10am-4pm**

**Saturday 14 March 2026 10am-4pm**



These training sessions are offered to GPs working in Lancashire and South Cumbria only.

**Please see booking instructions on the next page.**

#### What we will cover

- **Pharmacological obesity management:** understand the new drugs.
- **Asthma:** joint NICE, SIGN and BTS guidelines.
- **Falls:** applying the NEW NICE guidance on assessment and prevention.
- **Diabetes:** where GLP-1s and tirzepatide fit in management, and caring for those with diabetes in remission.
- **Gambling:** tips to identify and manage gambling-related harms.
- **HIV:** prevalence is increasing, we consider how primary care can make a difference.

#### What you can expect on the day

- **Learning to suit all styles** - varied, dynamic teaching.
- **Interaction** - interact with the presenter and use of Padlet for asking questions.
- **Flexibility** - tune into the live-hosted event and/or to re-watch on demand, at any time, for 12 months after.

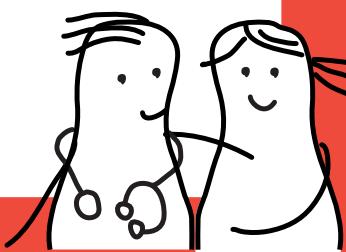
#### What will you get

- 5 CPD hours of interactive & practice-changing online learning, with downloadable certificate.
- 12 months access to the on demand course.
- 12 months access to the online written resources from the live course date.

#### Online Written Resources

Red Whale Knowledge is our library of online written resources, covering more than 96% of the RCGP curriculum.

- 900+ continuously updated articles - to help ease cognitive overload.
- Super-fast search function - making it the perfect in-practice tool.
- Ready-made protocols (GEMS) to standardise practice within surgeries and PCNs.





## How to book the Red Whale Study Day Live Course

**Step 1:** Go to: [www.redwhale.co.uk/basket](http://www.redwhale.co.uk/basket)

**Step 2:** Enter: **RWMI34P67C733X0I7** in the voucher code box and click 'Apply'. The code will add the course to your basket.

**Step 3:** Select the course you would like to book and click "Confirm selection"

**Step 4:** Click on the "**Proceed to checkout**" button. You will be prompted to '**Sign up**' to create an account.

**Step 5:** If you are new to our website, follow the '**Sign up**' steps (including verifying your email address). Otherwise, click on '**Login**' at the bottom of the screen and enter your email and password.

**Step 6:** Once you're logged in, click the checkout button and proceed to payment.

**Step 7:** That's it! You can now access your course on the day of the live event, and explore your resources on Red Whale Knowledge.

Should you need any help at any point in this process please contact us via the online chat on [www.redwhale.co.uk](http://www.redwhale.co.uk), or by emailing [inhousecourses@red-whale.co.uk](mailto:inhousecourses@red-whale.co.uk)

By proceeding with your booking you are agreeing with our [Terms and conditions](#) and have read our [Privacy notice](#).

