



PPE = Apron, Surgical Mask, Eye protection (if required) and Gloves

Donning and doffing PPE in the correct manner will reduce your risk

Putting your PPE On (Donning)

Step 1: Apron

- Pull over head and fasten at the back



Step 2: Surgical Mask

- Secure ties at middle of head and neck
- Fit flexible band to nose bridge
- Fit snug to face and below chin

Step 3: Eye protection

- Place over head and eyes and adjust to fit



Step 4: Gloves

- Select according to hand size
- Pull on



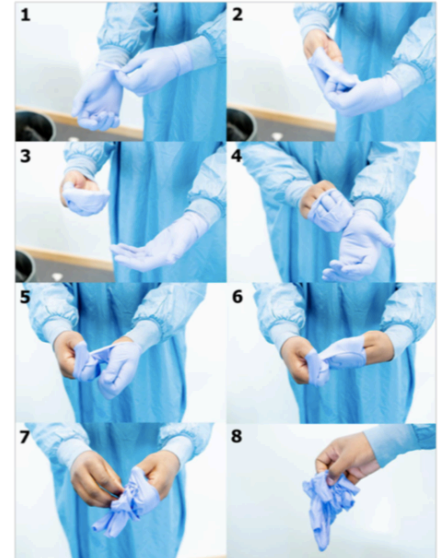
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Taking your PPE off (Doffing)

Step 1: Gloves

- Pinch opposite glove between palm and wrist
- Pull inside out over fingers
- Pinch remaining glove between palm and wrist
- Pull inside out
- Remove each glove carefully only touching insides of gloves
- Discard into appropriate bin



Step 2: Apron

- Unfasten or break free
- Pull away from neck and shoulder touching inside only
- Fold and place in appropriate bin



Step 3: Eye protection

- Handle only sides or head band
- Discard into appropriate bin

Step 4: Surgical mask

- Unfasten top and bottom
- Pull away from face without touching the front of the mask
- Place in appropriate bin



Step 5: Perform hand hygiene immediately following removal

Step 6: Ensure PPE is removed before exiting clinical area

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**Ensure clinical
area is
appropriately
decontaminated/
cleaned prior to
removing your
PPE**

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Home visits

If you are visiting a patient at home then please take a home visit PPE kit

Home visit PPE Kit

- Apron
- Surgical Mask
- Eye protection
- Gloves
- 2x plastic waste bags
- Alcohol wipes
- Alcohol gel

- Ensure hands are clean prior to entering house (use alcohol gel)
- Find a sensible space (e.g. the hallway) prior to entering room with patient to don PPE
- If equipment required (keep to minimum) and take this into the room with you
- Once you have finished seeing the patient use alcohol wipes to clean any equipment used and place wipes into first plastic waste bag
- Doff your PPE at the exit to the room, carefully placing PPE items into the first plastic waste bag
- Tie this bag and place in a second waste bag and tie.
- Perform hand hygiene (alcohol gel) immediately after removing PPE
- Collect any cleaned items of equipment
- Take waste away with you and dispose of in clinical waste appropriately at the surgery

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